

### Program History and Philosophy

Over the past 43 years, the Wyoming Valley West Aquatics programs have been providing opportunities for individuals to learn and develop skills in an environment of excellence and intensity. From novice to elite, we have been continuously competitive at all levels. From learn to swim, to competition swimming, diving, and water polo; we have experienced success at the local and national level. Our goal is to develop and assist each individual to reach their potential and aspirations. We look forward to you joining us in our...

### "Tradition of Excellence"

The Wyoming Valley West High School 25-yard indoor pool is utilized for all aquatic training. This facility guarantees each individual a comfortable atmosphere 100% of the time.

**WVW / FAST – Water Polo – Learn to Swim  
Diving**

### Our Summer Coaches/Staff:

- Edward Zawatski – WVW Head Coach & Coordinator of FAST/Learn to Swim

## PHONE NUMBER for Booking

### Lessons and Training

@ (570-690-3139) to secure  
spot!

- Ibrahim Ismail-WVW Diving Coach
- Sydney Bruno- Assistant Coach and WVW Learn to Swim Instructor
- Audrey Haydu- WVW Learn to Swim Instructor

THERE WILL BE DIVING TRAINING AS WELL THAT  
WILL BE OFFERED 3-4 TIMES A WEEK! CONTACT  
COACH ED FOR DETAILS!!!

### FAST Aquatic Club (COMPETITIVE LEVEL)

For practice schedule **CALL COACH ED for details to Morning/Afternoon workouts and cost. THIS IS A DIFFERENT COST THAN LEARN TO SWIM.** FAST Aquatic Club has a variety of local and extended meet opportunities as well as other types of aquatic freedoms for individual goals for athlete or family.

**Summer Training Begins: Cycle 1 April 7<sup>th</sup>-June 12<sup>th</sup>**  
**(Monday through Thursday) 4:30pm-6:30pm**  
**Cycle 2 June 16<sup>th</sup> -August 1<sup>st</sup>**  
**(Monday through Friday) 7:00am-9:30am**

**\*\*LEARN TO SWIM\*\***: For children/adolescents of all ages!! Our instructors teach many swim sessions in the summer that are designated towards all skill sets of swimmers and their abilities.

**ALL Lessons are Monday- Thursday @  
9:30am-10:15am OR 10:30am-11:15am per session  
first come, first serve sign up!**

**\*NIGHT CLASSES WILL BE OFFERED IF THERE IS  
ENOUGH DEMAND...CONTACT FOR DETAILS!!\***

**\*\*CHILD MUST BE 4+ YEARS OF AGE. PRIVATE LESSONS  
OFFERED FOR CHILDREN YOUNGER THAN 4 UPON  
INSTRUCTOR AVAILABILITY, NOT GUARANTEED\*\***

**Lessons will begin on:**

**Session 1: 6/16-6/26**

**Session 2: 6/30-7/10**

**Session 3: 7/14-7/24**

**Cost for Learn to Swim @ WVW:**

**Your first attended session at any time (per swimmer): \$125**

**Any sessions after your initial start (per swimmer): \$25 off for each additional session added**

**Aquatic Registration – 2025 ... Date: / /2025**

**Registration for-Last Name: \_\_\_\_\_**

**Athlete: \_\_\_\_\_ DOB: \_\_/\_\_/\_\_\_\_**

**Athlete: \_\_\_\_\_ DOB: \_\_/\_\_/\_\_\_\_**

**Best Phone Contact: \_\_\_\_\_**

**Best email: \_\_\_\_\_**

**Street: \_\_\_\_\_**

**Town: \_\_\_\_\_**

**State: \_\_\_\_\_ Zip: \_\_\_\_\_**

**Emergency: \_\_\_\_\_**

**T-Shirt Size: \_\_\_\_\_**

My children have no restrictions for aquatic training and activities. If there are any questionable health issues, I will discuss them with the head coach and/or obtain a doctor's release. I do understand that I may need a Doctor's Permission Release for one or more of my children to participate in aquatic training and activities at WVW / FAST Aquatics. I also agree that if there are any changes in my children's medical history at any time that I will advise the coaches. I also will reinforce with my children that they are to follow rules and directions from the coaches to help maintain a safe environment at all times for all participating individuals.

**Parent/Guardian: \_\_\_\_\_**

**Coach: \_\_\_\_\_ Edward John Zawatski III \_\_\_\_\_**

# FAST AQUATICS

SPRING/SUMMER

2025

START DATES:

Competitive  
Group:

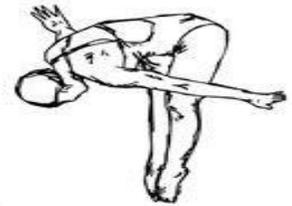
(April 7<sup>th</sup>, 2025)

Learn-to-Swim:

(June 16<sup>th</sup>, 2025)

LOCATED @ WVW

HIGH SCHOOL  
SWIMMING POOL



FAST Aquatic Club  
150 Wadham St.,  
Plymouth, PA 18704  
(570) 690-3139